



EXPLANT SURGERY

FROM DR JOHN FLYNN

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WHAT IS AN EXPLANT?

Breast explant surgery or, breast implant removal surgery, is simply that. A procedure which involves removing existing breast implants.

This is a procedure designed to help women who no longer want their breast implants for a variety of reasons.

It is common to pair this procedure with a breast lift surgery. Both these procedures go hand in hand in order to successfully improve the appearance for the patient.



REASONS TO GET EXPLANT SURGERY

There are a number of reasons why people want to remove their breast implants, including but not limited to:

- A rupture in the implant
- Leaking implant
- Breast implant illness (BII; pain, hair loss, trouble sleeping)
- Sagging breasts caused by the weight of the implant
- Displacement with the implants
- Breasts with implants become too heavy
- Body changes or sagging after weight loss, pregnancy, or breast feeding
- No longer happy with the appearance of the implants
- Just simply “over it”



WHAT ARE MY OPTIONS POST REMOVAL?

You have a number of different options following the removal of your implants.

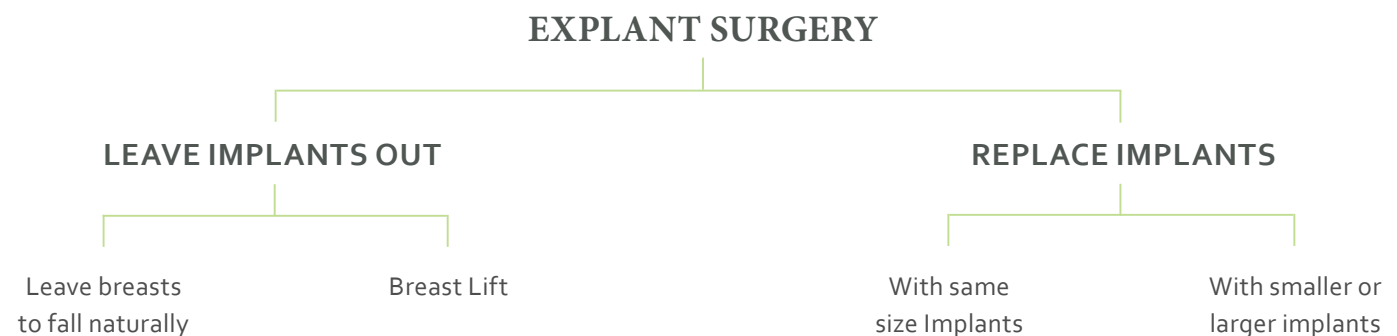
Some patients especially those who may have had trouble with their initial implants, may want to completely remove and not have them replaced with new implants.

In this case, they may want to get a breast lift to try to address sagging.

Some patients may want to replace their ruptured implants with some of the same size; keeping their post-implant breast size.

Other patients may want to adjust their breast size; replacing the original implant with one smaller or larger.

There are several options to consider depending on what you hope for in terms of aesthetic and physical outcome.





WHAT IS THE PROCEDURE?

The first step to this procedure involves an initial consultation with Dr Flynn. He will assess your circumstances and concerns and will be able to develop an appropriate and effective treatment plan.

The surgery itself will be performed under general anaesthesia. The entire surgery will take between 1-3 hours to complete, depending on your situation.

An incision is made in the same spot as where your implants were originally inserted in order to not create more unnecessary scarring. The implants are usually removed.

Depending on what you discussed with Dr John Flynn, at this point a breast implant may be replaced, and/or a breast lift will be incorporated, or just left alone.

THE LIFT:

For the breast lift, excess skin is removed, and the remaining skin will be tightened. Your areolas can also be resized to match the shape of your new breasts.

The effects and outcome of implant removal will depend on your skin tissue and its natural elasticity, Dr Flynn will be able to discuss with you your possibilities for final outcome.



RECOVERY

Because of the anaesthetic, patients will need to be driven home following surgery. The recovery process will include downtime, avoiding heavy lifting or exercising excessively for at least a few weeks post treatment. The recovery process usually entails soreness and swelling.

Patients are typically good to return to work and daily life within 10-14 days after the surgery.

It is important that you follow post-op advice, as the recovery process will be a different experience for most patients, and it may be suggested that you avoid certain activities. For patients who have had an explant without replacement or lift, it is very common that your breasts look deflated and saggy following treatment and could take 2-3 weeks for breasts to regain some volume, and for skin to tighten.



WHAT ELSE NEEDS TO BE CONSIDERED?

Some of the factors that need to be considered may include:

- If you're experiencing difficulties with your current implants, should you replace them or just remove them?
- If you are replacing your implants, do you want to be bigger, smaller or the same size?
- If you are just removing the implants, your breasts most likely will not look the same as your natural pre-implant breasts after undergoing multiple surgeries.

OTHER RISKS:

As with all surgeries, there are risks involved with explant surgery. Side effects are never guaranteed, but they are expected to a certain extent with any surgery. Many side-effect symptoms can only last for a brief period of time following surgery. Some of the explant side effects include but are not limited to:

- Blood clotting
- Additional scarring
- Possible changes in breast and nipple sensation
- Numbness in the breasts and nipples
- Loss of elasticity in skin
- Breast pain



EXPLANTS WITH DR FLYNN

If you're interested in breast implant removal surgery, the first step is to book a consultation with Dr John Flynn. Dr Flynn has years of experience in plastic and cosmetic surgery, he understands that each patient is unique and will take the time to assess and discuss with you your current circumstances and surgical expectations. Taking into consideration Dr Flynn is dedicated to continued training and education, his studies have allowed him to remain up to date with the latest cosmetic surgery and medical advancements. He will be able to provide you with the most suitable treatment plan to match your aspirations.

Watch Dr Flynn discuss explant surgery here:

<https://cosmedic.com.au/cosmetic-surgery/breast/explants-breast-lift/>

CONTACT DR JOHN FLYNN TODAY



If you have a question or comment about the treatments at the Cosmedic & Skin Clinic or would like to make an online booking, please use this form or call us on

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